

5th Annual  
**Autism Conference**



# Exploring Autism Interventions

28 November at 9:30am - 4pm Queen Elizabeth Hospital, Birmingham

# Programme

## Booking information

Tickets available at: [www.autismwestmidlands.org.uk/shop](http://www.autismwestmidlands.org.uk/shop)  
For more information, please contact Elisabeth Hurley on 0121 450 7582  
or at [elisabethh@autismwestmidlands.org.uk](mailto:elisabethh@autismwestmidlands.org.uk)

<b>09.00</b>	Registration
<b>09.30</b>	Welcome from the chair - Phil Middlewood, CEO, Autism West Midlands
<b>09.40</b>	Welcome from our partners
<b>09.50</b>	Key principles for choosing an autism intervention <i>Dr Elisabeth Hurley, Autism West Midlands</i>
	Elisabeth Hurley will be speaking about empowering you to make your own decisions on interventions. Elisabeth is the Research and Autism Information Officer at Autism West Midlands. She has co-authored books including <i>The Good and Bad Science of Autism</i> with Dr Neil Walsh, and <i>Choosing Autism Interventions: A Research-Based Guide</i> , with Bernard Fleming and the Goth.
<b>10.20</b>	My autism journey... so far <i>Lisa Roberts, parent and owner of Lisa's Handmade Weighted Blankets</i>
	Lisa Roberts will be speaking about Positive Mental Attitude and her autism journey. Lisa is a parent of twins on the spectrum. She shares her autism journey through their eyes, becoming their 'expert', finding the right support and using her own frustrations to drive positive change.
<b>10.50</b>	Mid-morning break
<b>11.15</b>	Workshops
	<b>Choose one of the following workshops:</b> <ol style="list-style-type: none"> <li>1. It is ABA but not as you know it - Louise Denne</li> <li>2. Autism and Employment, Barriers and Solutions - Lynn Marshall and Elaine Forster, Aspire</li> <li>3. Medication for mental health problems in people with autism - Pru Allington-Smith</li> </ol>
<b>12.15</b>	Lunch
<b>13.00</b>	Autism and Technology: Intervention, Education, Communication and Fun <i>Sue Fletcher-Watson, University of Edinburgh</i>
	Sue Fletcher-Watson will be speaking about using evidence to break down myths about autism and technology. Sue is a developmental psychologist, holding the post of Chancellor's Fellow at the University of Edinburgh. She is an associate of the Patrick Wild Centre for research into autism, fragile X syndrome and intellectual disabilities and of The Salvesen Mindroom Centre to understand and resolve learning difficulties.
<b>13.30</b>	Workshops
	<b>Choose one of the following workshops:</b> <ol style="list-style-type: none"> <li>1. Autism and Girls, The Invisible Population - Lana Grant</li> <li>2. Supporting older autistic adults - Cos Michael</li> <li>3. Adult Interactive Style Intervention (AISI): How teaching staff can promote spontaneous communication in children with autism and SLD - Lila Kosyvak</li> </ol>
<b>14.30</b>	Break
<b>14.45</b>	Self-control and challenging behaviour <i>Bo Hejlskov Elven</i>
	Bo Hejlskov Elven will be speaking to us about why people act out and how to manage it. Bo is a clinical psychologist based in Scandinavia who has focused on decreasing the use of force in care by introducing low arousal approaches in the management of challenging behaviour. Bo has written a number of books, including one published in English - "No fighting, no biting, no screaming".
<b>15.30</b>	Final remarks from chair
<b>15.45</b>	Conference ends