

autism.west midlands Training Workshop:

Daily Living Skills

Time: 9:30am – 12:30pm

Date: 10th June 2010

Venue: Queen Alexandra College

Court Oak Rd, Harborne, Birmingham B17 9BR

Cost: £15 Parent or Person with an ASC & £25 for Professional

Developing daily living skills is an essential component towards achieving independence and autonomy in every person's life. This day will focus on understanding some of the issues around such development and how to help individuals with ASC improve their skills.

Course Content:

The course will include:

- Discussion about what we mean by 'daily living skills' and why they are important.
- Consideration of why developing these skills may be difficult for people with ASC.
- An overview of potential strategies that may help.
- Handling relevant resources and discussion of their possible use with individuals with ASC known to staff attending the course.

Aims:

- To consider what we mean by 'daily living skills' and their importance in developing personal independence and autonomy for everyone.
- To develop an understanding of how difficult learning these skills can be for people with ASC.
- To discuss strategies for improving the development of daily living skills for people with ASC.
- To provide time to view and discuss some relevant resources.

Learning Outcomes:

- Gain a greater insight into the issues around developing daily living skills for people with ASC.
- Have an opportunity to view and discuss relevant resources and strategies that may help individuals with ASC develop these skills.

A certificate of attendance will be issued on this event

Booking Form

I would to book _____ places on the Training Workshop below:

Places	Workshop
	Daily Living Skills – 10/06/10

_____ places charged at Parent/Person with an ASC rate of **£15 per place**

_____ places charged at Professional rate of **£25 per place**

Total amount of booking = £_____

Delegate Details

Name/s: _____

Address: _____

Postcode: _____

Tel No: _____ **Email:** _____

Any Special Needs: _____

Please return your completed booking form to:

Natasha Muirhead or Ian Carty, autism.west midlands, 18 Highfield Road,
Edgbaston, Birmingham, B15 3DU.

Tel No: 0121 450 7576 Email: natasham@autismwestmidlands.org.uk or
ianc@autismwestmidlands.org.uk

Fax: 0121 450 7581

Payment Methods

Cheque:

I enclose a cheque for £_____

Please make all cheques payable to **autism.west midlands**

Invoice:

Please invoice for £_____

Invoice Contact Name:_____

Invoice Address

Postcode:_____

Card:

Please debit my card for £_____

Please select which type of card:

Delta___ Maestro___ Visa___ Visa Electron___ Mastercard___

Card Number _ _ _ _ - _ _ _ - _ _ _ - _ _ _

Start Date (if applicable) __ __/__ __ Expiry Date __ __/__ __

Issue No:___(Maestro only)

Signature_____ Date_____

Prices include refreshments served on arrival and throughout the morning.

Cancellations

Cancellations must be made in writing. **If cancellations are made within 7 days of the event, you will be charged the full fee.** Alternatively, we are happy to accept substitute delegates

At the time of going to press this programme was deemed to be correct. However, we reserve the right to alter or cancel any part of the programme due to unforeseen circumstances.