

autism.west midlands Training Workshop:

The Development of Self-Awareness and Understanding for People with ASC

Time: 9:30am – 12:30pm

Date: 9th September 2010

Venue: Queen Alexandra College

Court Oak Rd, Harborne, Birmingham B17 9BR

Cost: £15 Parent or Person with an ASC & £25 for Professional

Course Content:

From the exploration of personal accounts and listening to one particular individual who has an ASC this course will outline how self awareness is an essential building block to having relationships and some level of social competency. Through a range of live examples and also an exploration of published material staff will be asked to consider how they could adapt and use some of what they have gathered from the course to help support self awareness development for the people with ASC they work with.

This is a brief but challenging course and the kind of work outlined is not something that can be done quickly. There is a need for careful thought and commitment when supporting someone to understand themselves and their ASC better.

Aims:

- To explore the importance of the development of self awareness for people with ASC and the available published tools to help staff do this kind of work.

Learning Outcomes:

- Identify how self awareness is an essential element to relationship building.
- Experience a person with ASC sharing why it has been important for them to come to a better understanding of who they are as a person with an ASC.
- Look through a number of published tools that can help support this process.
- Have the opportunity to consider how they could individualise and adapt such tools for someone they work with.

A certificate of attendance will be issued on this event

Booking Form

I would to book _____ places on the Training Workshop below:

Places	Workshop
	The Development of Self Awareness & Understanding for People with ASC – 09/09/10

_____ places charged at Parent/Person with an ASC rate of **£15 per place**

_____ places charged at Professional rate of **£25 per place**

Total amount of booking = £_____

Delegate Details

Name/s: _____

Address: _____

_____ **Postcode:** _____

Tel No: _____ **Email:** _____

Any Special Needs: _____

Please return your completed booking form to:

Natasha Muirhead or Ian Carty, autism.west midlands, 18 Highfield Road, Edgbaston, Birmingham, B15 3DU.

Tel No: 0121 450 7576 Email: natasham@autismwestmidlands.org.uk or ianc@autismwestmidlands.org.uk

Fax: 0121 450 7581

Payment Methods

Cheque:

I enclose a cheque for £_____

Please make all cheques payable to **autism.west midlands**

Invoice:

Please invoice for £_____

Invoice Contact Name:_____

Invoice Address

Postcode:_____

Card:

Please debit my card for £_____

Please select which type of card:

Delta___ Maestro___ Visa___ Visa Electron___ Mastercard___

Card Number ___ - ___ - ___ - ___ - ___ - ___ - ___ - ___ - ___ - ___

Start Date (if applicable) ___ / ___ / ___ Expiry Date ___ / ___ / ___

Issue No:___(Maestro only)

Signature_____ Date_____

Prices include refreshments served on arrival and throughout the morning.

Cancellations

Cancellations must be made in writing. **If cancellations are made within 7 days of the event, you will be charged the full fee.** Alternatively, we are happy to accept substitute delegates

At the time of going to press this programme was deemed to be correct. However, we reserve the right to alter or cancel any part of the programme due to unforeseen circumstances.