

autism.west midlands provides the following services:

Information Helpline	0121 450 7575
Education Coddington Court School	01531 640 541
Training	0121 450 7576
Supported Living (ASSET)	0121 450 7589
Supported Employment (ASpire)	0121 224 7844
Family Support	0121 450 7574
Residential Services	0121 450 7584

autism.west midlands

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Edgbaston
Birmingham
B15 3DU

Telephone: 0121 450 7580/82

Fax: 0121 450 7581

Information Helpline: 0121 450 7575

Website: www.autismwestmidlands.org.uk

Email: info@autismwestmidlands.org.uk



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The and Information Family Support Service

*autism.west midlands is an independent provider of services
for people with Autistic Spectrum Disorders*

The Information and Family Support Service

We are based at our Head Office in Birmingham and provide information on a wide range of autism related topics in response to enquiries from families and professionals across the West Midlands region and beyond. Information provided includes:

- General information on autistic spectrum disorders
- Diagnosis and Assessment
- Publications
- Education and Training
- Benefits
- Approaches to autism
- Behaviour
- Research Issues e.g. causes, prevalence, medication, diet, vaccination, alternative therapies, etc.
- Day to day care issues e.g. feeding, sleep, toileting
- Leisure and recreation
- Communication
- Membership of autism.west midlands

Most enquiries are dealt with initially via the Helpline, which is staffed 10am until 2pm Monday to Friday. An answerphone is available for all other times, and you can contact us by email on info@autismwestmidlands.org.uk We aim to respond to any requests for written information within 2 working days.

All our our Helpline staff are able to offer emotional support by acting as a sympathetic listener and helping parents and carers explore all the options to decide what they should do next in the best interests of their family members.

Families are put in contact with local support groups for vital 'parent to parent' support and signposted to agencies with expertise relevant to their situations.

We produce a newsletter bi-monthly which aims to keep families and professionals informed of our activities around the region. We also review relevant publications and research etc.

Family Support Service Outreach Team

In some areas of the region we have workers who can offer support by working with families in their locality. They can offer:

- Home visits to suit the families to discuss any problems offering advice, information, advocacy and support
- Assist families with preparation for and, if requested, accompany parents to relevant meetings, reviews etc.
- Liaise with statutory authorities on behalf of parents
- Assist families to apply for benefits, grants etc.
- Liaise with local support groups and facilitate new groups as required.

Education & Training

We provide training days and workshops for families on a variety of topics e.g. Communication, Behaviour Management, Dealing with Adolescence, Building Self Esteem, Physical Interventions, Access to Rights & Services and Anger Management. These workshops are delivered regularly across the region and aim to empower parents and give them the skills and knowledge necessary to deal with what can be very challenging situations.

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